

California's Ninth Graders: Percent Who Are Overweight or Obese and Percent With Poor Aerobic Capacity, By County*

County	Overweight or Obese	Poor Aerobic Capacity
Alameda	30%	35%
Alpine	N/A	N/A
Amador	35%	32%
Butte	32%	32%
Calaveras	35%	30%
Colusa	45%	40%
Contra Costa	31%	30%
Del Norte	43%	26%
El Dorado	25%	20%
Fresno	38%	44%
Glenn	40%	34%
Humboldt	37%	41%
Imperial	44%	48%
Inyo	55%**	38%
Kern	39%	39%
Kings	41%	36%
Lake	40%	42%
Lassen	22%	42%
Los Angeles	37%	40%
Madera	39%	40%
Marin	24%	23%
Mariposa	32%	41%
Mendocino	37%	39%
Merced	40%	44%
Modoc	37%	39%
Mono	29%	43%
Monterey	41%	33%
Napa	33%	24%
Nevada	25%	23%
Orange	28%	29%
Placer	23%	18%
Plumas	22%	31%
Riverside	34%	38%
Sacramento	33%	35%
San Benito	38%	34%
San Bernardino	36%	44%
San Diego	31%	30%
San Francisco	29%	34%
San Joaquin	37%	50%
San Luis Obispo	31%	21%
San Mateo	31%	31%
Santa Barbara	37%	30%
Santa Clara	30%	24%
Santa Cruz	33%	33%
Shasta	31%	29%
Sierra	24%**	68%
Siskiyou	35%	33%

*Source: 2010 California Physical Fitness Test, California Department of Education. Overweight/obese data based on additional analysis by The California Center for Public Health Advocacy.

**Small sample size

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Solano	35%	49%
Sonoma	31%	29%
Stanislaus	38%	41%
Sutter	32%	34%
Tehama	36%	40%
Trinity	28%	33%
Tulare	40%	34%
Tuolumne	23%	35%
Ventura	30%	31%
Yolo	35%	43%
Yuba	39%	46%

*Source: 2010 California Physical Fitness Test, California Department of Education. Overweight/obese data based on additional analysis by The California Center for Public Health Advocacy.

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